

Use Insect Repellents Safely!

Dress to REPEL!

Don't do this Stuff

Do THIS Stuff

Don't put it on Cuts, Sunburns or Rashes!

Don't Spray your Face!

Don't Breathe Repellents!

Don't put it on Little Kids' Hands!

Don't Use it under Clothes!

Wear Light-Colored Clothing!
(so you can see bugs and ticks and remove them)

Follow the Directions
Spray only Outdoors!

Wash off Repellent when You Go Indoors!

Wear a long-Sleeved Shirt and Long Pants!
Tuck Pants into Socks!